

## Teen “What to Bring” List

We are looking forward to sharing this unforgettable experience with all of you.

*“But you, take courage! Do not let your hands be weak,  
for your work shall be rewarded.” - 2 Chronicles 15:7*

**Because of limited space we ask you pack these items only and nothing more!**

**Please do not bring your phone, the leaders will have phones for emergencies  
and there will be designated times to call home from their phones.**

### **Personal Items:**

- Work clothes that can get ruined (you never know what you may be painting)
- No tank tops or cut-away shirts; t-shirts can be cut off right at the sleeve seam, **ONLY!**
- Work shoes/boots
- Change of comfortable clothes for evenings
- Flip flops for showers and Casual shoes for evenings
- Jacket/hoody
- **MODESTY is essential to pleasing Our Lord and Our Lady, therefore we ask:**

Bring modest swimsuit (one piece for girls, tankini or dark colored t-shirt to cover)  
NO Spandex shorts or yoga pants, leggings, etc.

- Bath Towel & Beach Towel
- Medicines & Toiletries
- Hat/cap, bug spray, & **sunscreen**
- Flashlight
- Bedding (sleeping bag, sheets, pillow, etc) **Twin size air mattresses.**
- Re-usable drinking bottle **labelled with your name**
- Money for meals to and from Kansas City (lunch both ways)
- Rosary and Bible (optional)
- Camera with cleared card so we can download your pictures (optional)

**Tools** – These will be used by you at your worksites and then brought back home with you. They will be **YOUR** responsibility! (put your name on these items)

- Hammer
- 2 ½” angled Paint Brush (clean it up each day)
- Tape Measure-if you have one, bring it
- Work Gloves

**Food Donations:**      Please these pack separately, so we can collect and pack at check-in!

- 1<sup>st</sup> name begins from A to H bring a salty snack to share
- 1<sup>st</sup> name begins from I to Z bring a sweet snack to share

**Prepare for an amazing working mission week of faith, fun and loads of service!**